

FCHS 2018-2019 LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<p>Choose One Entrée: “Dill”icious Chicken Sandwich Or Spicy Chicken Sandwich Personal Pan Pizza Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill Chicken Sandwich Seasoned Fried</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Deluxe Trimmings Baby Bakers Broccoli & Cheese Fresh Grapes, Banana, Fruit Punch Juice Healthy Milk Choices</p>	<p>Choose One Entrée: Build Your Own Burger Bar (Lettuce, Tomato, Jalapenos, Turkey Bacon, & Cheese) Mexican Pan Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill Hamburger/Cheeseburger Curly Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Curly Fries Best Ever Baked Beans Crunchy Carrots w/Ranch Lettuce, Tomato, Pickle Slices Apple Slices, Peaches, Orange Pineapple Juice Healthy Milk Choices</p>	<p>Choose One Entrée: Chicken Tenders w/Ma’s Kitchen Roll Meat Lover’s Pizza Chicken Wrap Bag Uncrustable P B & J Greek Yogurt Express</p> <p>Hot Off the Grill Chicken Wrap Tater Tots</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Green Beans Mashed Potatoes w/White Gravy Mandarin Orange Cup, Applesauce, Grape Juice Frozen Yogurt w/meal Healthy Milk Choices</p>	<p>Choose One Entrée: Philly Steak Sub Sandwich Big Daddy’s Cheese Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill Philly Steak Sub Sandwich Cavendish Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Cavendish Fries Corn on the Cob w/Promise Cup Cucumbers w/ Ranch Pears, Frozen Fruit cup, Apple Juice Healthy Milk Choices</p>	<p>Choose One Entrée: “Farm Fresh Friday” Tex-Mex Carnitas w/Rice (Served on WG Tortilla Bowl or Tortilla Wrap) Cheesy Breadsticks w/Marinara Sauce Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill Hot Ham & Cheese Croissant Seasoned Wedges</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Mexican Corn Taco Black Beans Broccoli & Cheese Soup Apple, Fruit Punch Juice Blue Raspberry Lemon Side Kick Healthy Milk Choices</p>
WEEK 2	<p>Choose One Entrée: Fish Chunks Personal Pan Pizza Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill Grilled Chicken Sandwich Seasoned Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Sweet Kernel Corn Jalapeno Cornbread Muffin Brown Beans Garden Fresh Salad w/Dressing Fresh Grapes, Apple, Fruit Punch Juice Healthy Milk Choices</p>	<p>Choose One Entrée: Oven Fried Chicken w/Waffles Mexican Pan Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill WG Corn Dog Seasoned Wedge Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Mashed Potatoes w/Gravy Peas & Carrots Cool Cucumbers w/Ranch Apple Slices, Peaches, Orange Pineapple Juice Healthy Milk Choices</p>	<p>Choose One Entrée: Penne Pasta Bar w/Twisted Bread Stick Meat Lover’s Pizza Chicken Wrap Bag Uncrustable P B & J Greek Yogurt Express</p> <p>Hot Off the Grill Chicken Wrap Tater Tots</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Green Beans Fresh Strawberries w/chocolate fluff Frozen Fruit Cup, Grape Juice Super Bakery Cupcake w/meal Healthy Milk Choices</p>	<p>Choose One Entrée: “Throwback Thursday” Hot Dog, Chili Dog or Hamburger/Cheeseburger Big Daddy’s Cheese Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill Hamburger/Cheeseburger Seasoned Wedge Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Seasoned Wedge Fries Crunchy Carrots w/Ranch Fresh Orange Slices, Pears, Apple Juice Johnny Pops Healthy Milk Choices</p>	<p>Choose One Entrée: Popcorn Chicken w/Roll Asian Popcorn Chicken w/Roll (Orange Mandarin & General Tso) Cheesy Breadsticks w/Marinara Sauce Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill Dill’icious Chicken Sandwich Cavendish Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Maple Cinnamon Carrots Asian Brown Rice Vegetable Egg Roll Spinach & Mandarin Orange Salad Pineapple, Fresh Apple , Fruit Punch Juice Healthy Milk Choices</p>
WEEK 3	<p>Choose One Entrée: Roasted Chicken w/WG Roll Rich’s Mozzarella Sticks w/ Marinara Cup Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill Spicy Chicken Sandwich Waffle Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Macaroni & Cheese Green Beans Garden Fresh Salad w/Dressing Marinara Cup Fresh Grapes, Apple, Fruit Punch Juice Healthy Milk Choices</p>	<p>Choose One Entrée: “Taco Tuesday” Fiesta Bowl or Taco w/ Tostitos (Taco Filling or Chicken Fajita) Mexican Pan Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill Chil Dog Curly Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Refried Bean Melt Ole Toppings (Lettuce, Cheese/Salsa, sour cream) Broccoli Dippers w/Ranch Apple Slices, Peaches, Orange Pineapple Juice Lemonade Sugar Cookie w/meal Healthy Milk Choices</p>	<p>Choose One Entrée: Turkey Hot Shot on Texas Toast Hot Beef Manhattan Meat Lover’s Pizza Chicken Wrap Bag Uncrustable P B & J Greek Yogurt Express</p> <p>Hot Off the Grill Toasted Turkey & Cheese on Sub Bun Tater Tots</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Mashed Potatoes Gravy Green Beans Garden Peas Crunchy Carrots w/Ranch Fresh Strawberries with Strawberry Fluff, Grape Juice Healthy Milk Choices</p>	<p>Choose One Entrée: “Throwback Thursday” Pulled Pork Sandwich Big Daddy’s Cheese Pizza Bistro Protein Box Uncrustable P B & J</p> <p>Hot Off the Grill Pulled Pork Cavendish Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Crispy French Fries Grandma’s Homemade Slaw Baked Apples Fresh Pepper Medley w/Ranch Dipping Cup Fresh Orange Slices, Pears, Apple Juice Healthy Milk Choices</p>	<p>Choose One Entrée: Boneless Wings (Mild & Spicy) Roll Wild Mike Cheese Bites w/Marinara Sauce Ham & Cheese Croissant Bag Uncrustable P B & J Yogurt Express</p> <p>Hot Off the Grill WG Corn Dog Seasoned Wedge Fries</p> <p style="text-align: center;">SALAD BAR</p> <p>Fruit/Vegetables/Sides: Baked Potato/Sweet Potato Steamed Broccoli w/ Cheese Sauce Apple, Pineapple, Fruit Punch Juice Promise Cup/Sour Cream Healthy Milk Choices</p>

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MENU SUBJECT TO CHANGE