

# FCHS Breakfast Menu Calendar 2018-2019

MENUS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<p><b>Choice of One:</b> Egg Extravaganza w/toast &amp; Hash Brown/Salsa Yogurt Parfait Bar Glazed Donut Breakfast Kit (Variety)</p> <p><b>Choose one or Both:</b> Chilled Juice Sliced Peaches</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Chicken &amp; Biscuit Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose one or Both:</b> Chilled Juice Banana</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Breakfast Pizza Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose one or Both:</b> Chilled Juice Orange Slices</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Powdered Gems Colby Jack Omelet w/ Mini Pancakes Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose one or Both:</b> Chilled Juice Mandarin Orange Cup</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Funnel Cake Friday Biscuit Egg &amp; Sausage Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Apple Slices</p> <p><b>Healthy Milk Choices</b></p>
WEEK 2	<p><b>Choice of One:</b> Biscuit and Gravy Tator Tots Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Sliced Peaches</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Breakfast Pizza Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Banana</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Sausage Biscuit Glazed Donut Yogurt Parfait Bar Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Orange Slices</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Chicken in a Box w/French Toast Bites Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Flavored Applesauce Chilled Juice Applesauce</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Hot Ham &amp; Cheese Croissant Yogurt Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Apple Slices</p> <p><b>Healthy Milk Choices</b></p>
WEEK 3	<p><b>Choice of One:</b> French Toast Sticks Ham, Egg &amp; Cheese "McPanther" Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Sliced Peaches</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Bacon, Egg, Cheese Biscuit Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Fresh Strawberries</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Cinnamon Glazed Texas Toast French Toast Bites Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Orange Slices</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Chicken Biscuit Donut Holes Yogurt Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Fresh Grapes</p> <p><b>Healthy Milk Choices</b></p>	<p><b>Choice of One:</b> Pancake Sausage On a Stick Yogurt Parfait Bar Glazed Donut Variety Breakfast Kit</p> <p><b>Choose One or Both:</b> Chilled Juice Apple Slices</p> <p><b>Health Milk Choices</b></p>

AUGUST 2018					SEPTEMBER 2018					OCTOBER 2018					NOVEMBER 2018					DECEMBER 2018				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	1	2	3	4	5				1	2	3	4	5	6	7
6	7	8	9	10	10	11	12	13	14	8	9	10	11	12	5	6	7	8	9	10	11	12	13	14
13	14	15	16	17	17	18	19	20	21	15	16	17	18	19	12	13	14	15	16	17	18	19	20	21
20	21	22	23	24	24	25	26	27	28	22	23	24	25	26	19	20	21	22	23	No School- Christmas Break				
27	28	29	30	31						29	30	31	26	27	28	29	30							

JANUARY 2019					FEBRUARY 2019					MARCH 2019					APRIL 2019					MAY 2019				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
No School-Break					1					1					SPRING BREAK					1 2 3				
7	8	9	10	11	4	5	6	7	8	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10
14	15	16	17	18	11	12	13	14	15	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17
21	22	23	24	25	18	19	20	21	22	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24
28	29	30	31	25	26	27	28	25	26	27	28	29	29	30	27	28	29	30	31					

JUNE 2019				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

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