

## At Risk Supper Menu

### Week #1

Tuesday: Two String Cheese Sticks (either Colby Jack or mozzarella)

Lunch Bunch Grapes

Cheeze Its (Whole Grain)

4 oz juice

8 oz milk choice

Thursday: Pizza Kit

Fresh apple

4 oz juice

8 oz. milk choice

### Week # 2

Tuesday: Turkey Sandwich

Shredded lettuce (Romaine Ribbons)

Carrots/Ranch Dip

8 oz. milk choice

Thursday: Chips & Dip with Salsa Kit

Salsa

4 oz. juice

8 oz. milk choice

### Week #3

Tuesday: Two String Cheese Sticks

Lunch Bunch Grapes

Cheez-Its (Whole Grain)

4 oz. juice

8 oz. milk choice

Thursday: Ham & Cheese on Bun  
Fresh Pear  
4 oz. juice  
8 oz. milk choice

### **Week #4**

Tuesday: Pizza Kit  
Fresh apple  
4 oz. juice  
8 oz. milk choice

Thursday: Ham & Cheese Wrap  
Carrots with Ranch Dipping Sauce  
4 oz juice  
8 oz. milk choice