



FCHS Lifeguard Program

Fleming County High School

The FCHS Vision for Success



- **At FCHS, each student--**

Prepared for college

Prepared for career

Prepared for life

Success: The Panther Way

What is the Lifeguard Program?

- **A support system for students.**
- **A time to build relationships**
- **Sophomores, Juniors, & Seniors selected a “lifeguard”—a teacher you trust and an advocate for you---last year.**
- **Freshmen will select a Lifeguard in September after you get to know your new teachers.**

What is the Lifeguard Program?

What Lifeguard is:

- Having a trusted adult for attendance, behavior, coursework, & LIFE issues
- A time to **build relationships**—long-term interactions w/ individual students
- Character Education
- A time to develop learning, thinking, and life skills

What Lifeguard is NOT:

- Homeroom time
- Homework time
- A study hall/free period
- A replacement for the guidance office



How Lifeguard Works:

- **Students will select a Lifeguard (teacher/staff member)**
- **You will be placed in one of your top 3 preferences**
- **Lifeguard will meet once a month starting in September**



How Lifeguard Works:

- A “Lifeguard” is an **ADVOCATE**—a trusted adult who can mentor and help students develop skills for learning, thinking, and life skills
- Each month will have a specific schoolwide focus and activity.
- **THIS YEAR, YOU WILL BE PLACED IN A “DEN.”** This will include an exciting school-wide competition via social media and other activities.

Sample Lifeguard Agenda

(What Lifeguard might look like/sound like)

Activity: Interest Inventory (5 minutes)

Activity: Honesty Video (10 minutes)

Activity: Honesty Video Reflection/Discussion (10 minutes)

Attendance, Behavior, Coursework (ABC) Discussion (20 minutes)

Plus/Delta/Other discussion (5 minutes)

ALL IN.